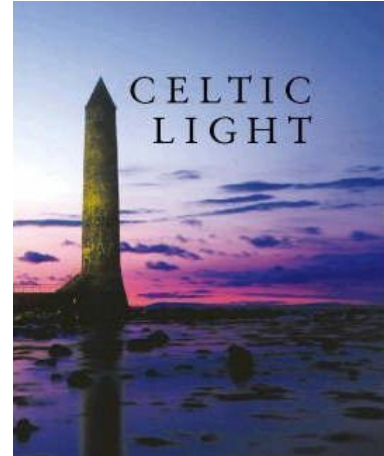


**LAOH State of Maryland Retreat Day (Open To All)
CELTIC WAYS OF TENDING THE "CHRIST LIGHT" WITHIN**



In the midst of chaotic, disheartening and somewhat dark times, it is easy to lose hope and forget that *we are the Light of Christ*. This day is an invitation to listen deeply, once again, to the call of the Cosmic Christ inviting us to claim the Light that beams brightly within and without. During this retreat, we will explore many rich Celtic ways to help us not only nurture this light but to beam that light out into our hurting, wounded world. The retreat will include presentation, visuals with music and quiet time for prayer.

Date: Saturday, October 5, 2019, 1:15pm to 3:45 pm

Location: The Shrine of Saint Anthony, 12290 Folly Quarter Road,

Ellicott City, MD 21042

Presenters: Franciscan Sisters Eileen Quinn and Mary Therese White

Cost: \$20.00 for the retreat

Please Note: The program begins promptly at 1:15 PM. Individual participants may choose to arrive earlier in the day for the purpose of participating in confessions at 11:30, followed by 12:00 Mass. You may bring your own bag lunch and the Friary will provide drinks only. The time for lunch is 20 minutes, since it comes after mass and before the retreat begins at 1:15.

Registration Form:

Make all checks payable to MD LAOH, INC. and mail both response and check to Cyrile M. Sincok, 304 Cass Court, Bel Air, MD 21015 (410-879-8364) by Sept. 28.

Name: _____ **Number attending:** _____

Phone number: _____ **Email:** _____